



CANADA AGRICULTURE  
AND FOOD MUSEUM  
MUSÉE DE L'AGRICULTURE  
ET DE L'ALIMENTATION  
DU CANADA

A FASCINATING WORLD  
UN MONDE FASCINANT



# Moose Meat

Recipe from Chef Cezin Nottaway

## Ingredients

2 lbs (1 kg) of moose meat, sliced  
1 or 2 onions, sliced  
1 ½ cups (375 ml) black tea or cedar tea  
1 ½ tablespoons (22.5 mL) coconut oil (you may also use butter or canola oil)  
salt  
pepper

## Preparation

Dice moose meat to desired size. Heat coconut oil in a medium size cast iron pot. Add the moose meat. Cook until brown and then add the onions. Continue cooking until the onions are soft. Add desired amount of tea (for a thinner sauce, add more tea; for a thicker sauce, add less tea). Add seasoning to your liking.